
R2019-1: RESOLUTION TO SUPPORT AND IMPLEMENT AN OUTDOOR FITNESS COURT ON CITY OWNED PROPERTY AT 919 N. OAK STREET NEXT DOOR TO TRAIN DEPOT (CONTINGENT UPON IDENTIFICATION OF A \$100,000 SUPPORTING GRANT MATCH BEING).

Applicant/Purpose: Staff / to support an outdoor fitness court next to the Train Depot

Brief:

- Staff secured a \$30,000 grant from the National Fitness Campaign for the construction of an outdoor Fitness Court.
- Staff has identified an area adjacent to the Train Depot as an ideal location.
- The Fitness Court will fit in well with the vision of establishing a Greenway from the Train Depot to the Intercoastal Waterway.
- Per the grant agreement, the Fitness Court has to be installed by 12/31/19.
- The Fitness Court is not contingent on the Greenway.

Issues:

- This grant provides another reason for attracting people to our downtown area, & further diversifies the diversity of experiences our city offers to our residents & tourists.
- To date 29 such courts have been opened in the US (none in SC, NC, or GA).
- The grant requires a matching contribution of \$100,000. This can be secured either through fundraising or the City's FY2019-20 CIP.
- It was made clear to the National Fitness Campaign there is not a guarantee the City will be able to fund the \$100,000 in the FY2019-20 CIP. If we are unable to do so in the upcoming budget, the City simply will not be able to get the grant.

Public Notification: Normal meeting notification.

Alternatives: To not support the Resolution.

Financial Impact: The grant is contingent on the City securing \$100,000 through fundraising or budgeting in the FY2019-20 CIP. Per the grant application, if the City is unable to secure the \$100,000 the grant is forfeited.

Manager's Recommendation: This proposal impacts Council's recently developed priorities in quality of life & economic development. I recommend approval.

Attachment(s): Resolution.

CITY OF MYRTLE BEACH
COUNTY OF HORRY
STATE OF SOUTH CAROLINA

RESOLUTION TO SUPPORT AND IMPLEMENT
AN OUTDOOR FITNESS COURT ON CITY
OWNED PROPERTY AT 919 N. OAK STREET
NEXT DOOR TO TRAIN DEPOT.

WHEREAS, the City of Myrtle Beach has submitted a grant application to National Fitness Campaign for the construction of an outdoor Fitness Court®, which is free for public use and will be located in a low-income census tract; and

WHEREAS, the City of Myrtle Beach will accept a \$30,000 National Grant from National Fitness Campaign to promote and implement an outdoor Fitness Court®; and

WHEREAS, the City of Myrtle will work to secure funding, which will be available and committed to this program including partnerships between the City of Myrtle Beach, National Fitness Campaign and community sponsors and grants to construct and maintain the outdoor Fitness Court®; and

WHEREAS, the City of Myrtle Beach will commit to construction and launch of the outdoor Fitness Court® by the end of the calendar year, contingent upon raising \$100,000 for the concrete pad, installation of the Fitness Court® and surveillance cameras; and

WHEREAS, the City of Myrtle Beach believes the outdoor Fitness Court® is an important recreation facility to support the health of the community by making “world-class” fitness free at 919 N Oak Street, to fund an outdoor bodyweight circuit training Fitness Court®, and to earn local and national recognition as a leader in providing affordable outdoor health and wellness.

NOW, THEREFORE, BE IT RESOLVED that:

The City of Myrtle Beach will collaborate with National Fitness Campaign to implement the construction of an outdoor Fitness Court® and make fitness free to community residents and visitors that utilize the facility.

SIGNED, SEALED and DATED, this 8th day of January 2019.

BRENDA BETHUNE, MAYOR

ATTEST:

JENNIFER STANFORD, CITY CLERK



Fitness Court®

The Fitness Court® is a 32'x35' outdoor bodyweight circuit training system (see following page for full overview and details)

Fitness Court® Description:

- 32'x35' outdoor bodyweight circuit training system with the following components:
- Seven station circuit training system providing full-body workout modules
- Fitness Court body-weight training wall measuring 32'W x 2'D x 6' H with custom wall graphics
- Thirty pieces of body-weight training equipment (Fitness Elements) for simultaneous use by 28 users at one time. Fitness Elements are anchored and grouped within seven stations.
- Bolts, attachments and anchors required for installation

Specifications:

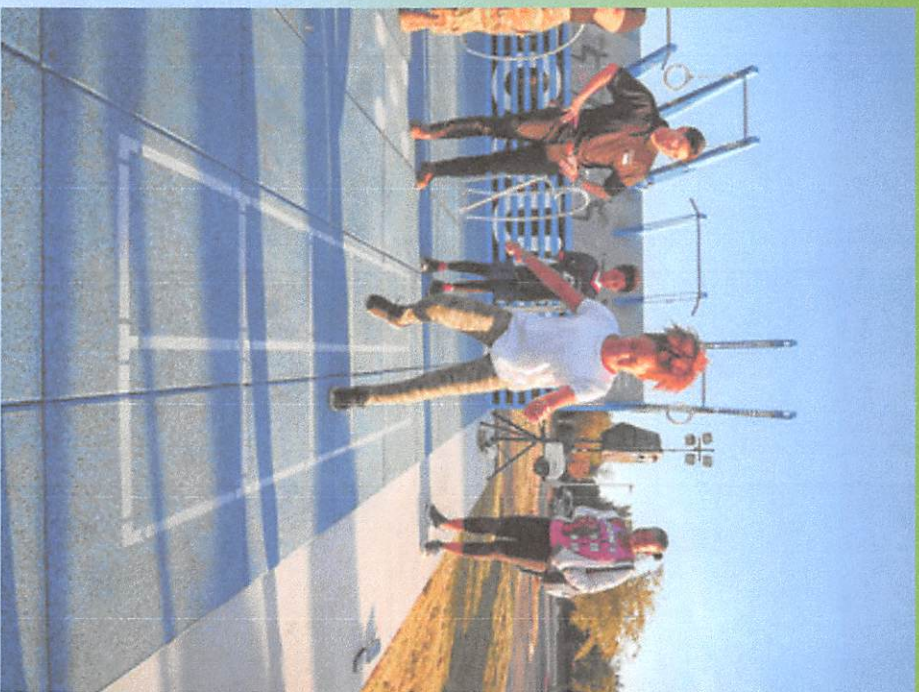
- All structural components are made from high-grade carbon steel
- Structural components receive high-grade powder coating
- All cladding (skins) made from high-grade aluminum and powder coated
- Lunge steps coated with polyurethane foam
- Plyometric boxes are capped with a color coded EPDM rubber surface
- Graphics and signage printed with anti-graffiti over-lamination material
- All deck anchors are mounted into an epoxy solution for seismic movement
- Bend stations are padded for comfort with memory foam and covered with mold and tear resistant fabric

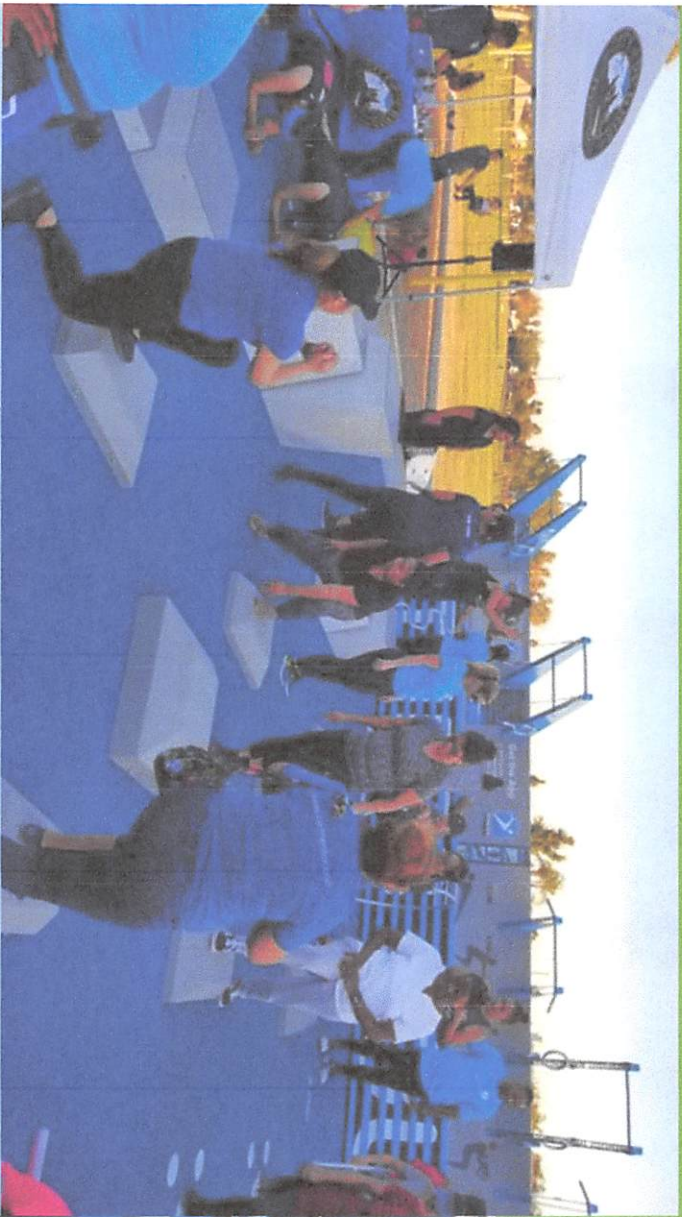
2018 FITNESS COURT PARTNERS

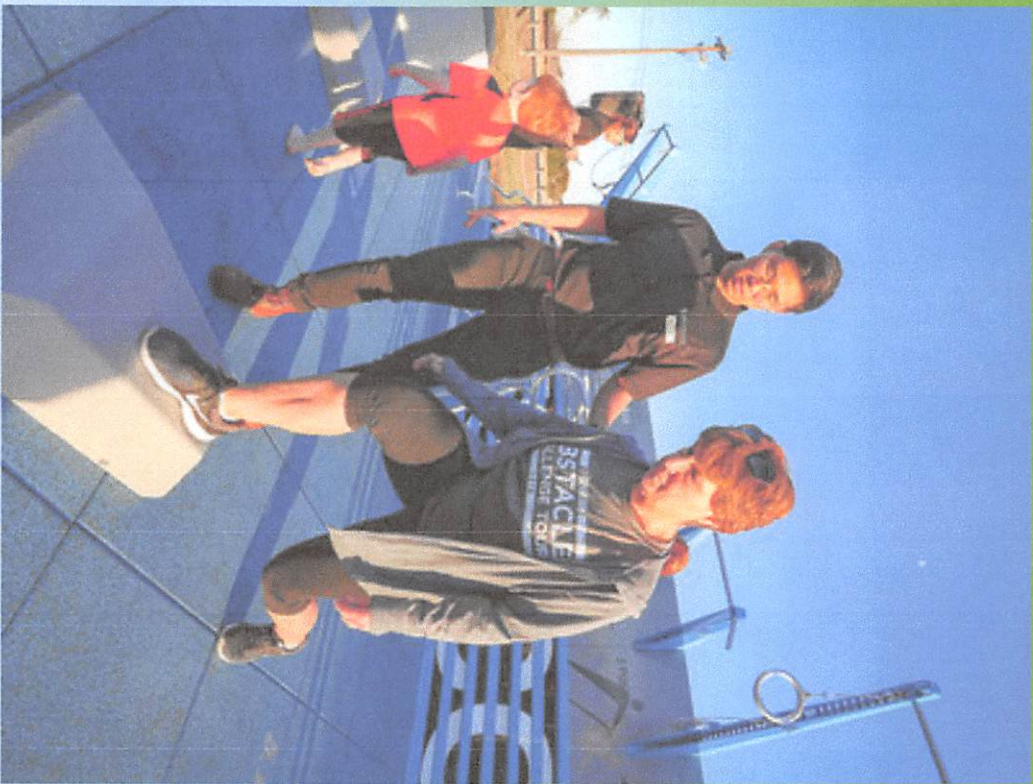
- Alhambra, CA*
- Annapolis, MD
- Ashland, WI
- Avon, CO
- Avon, OH*
- Baton Rouge, LA
- Bedford, VA
- Belvidere, IL*
- Big Rapids, MI
- Brownstown Township, MI
- Brownsville, TX*
- Burlington, Ma
- Cadence, Hend., NV*
- Clinton, IA
- Columbus County, NC
- Converse, TX
- Donaldsonville, LA
- Dothan, AL*
- East St. Louis, IL
- Ennis, TX*
- Fate, TX*
- Fort Bend County, TX
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- Kansas City, KS
- La Porte, IN
- La Quinta, CA*
- Las Cruces, NM
- Leander, TX*
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- Maryland Heights, MO*
- McFarland, CA*
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- Mission Bay, SF, CA*
- Monroe County, FL
- Monterey Park, CA
- Mount Vernon, NY
- Mustang, OK
- Natchez, MS
- New Brunswick, NJ*
- Oklahoma City, OK*
- Okmulgee, OK*
- Palmdale, CA
- Pensacola, FL*
- Perris, CA*
- Redondo Beach, CA
- Riverside, MO*
- Rochester, NH
- Sacramento, CA*
- Seymour, IN*
- Stanford University, CA*
- Tamarac, FL
- Tewksbury, MA
- Waite Park, MN*
- Wayne County, MI
- West Linn, OR
- Westfield, IN*
- * Denotes Currently Open Fitness Courts
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TO MAKE THIS HAPPEN BEFORE DECEMBER 2019

**\$30,000 – Grant from National Fitness Campaign –
Approved for funding**

\$100,000 – CIP, Community Sponsors, and Grants

- **Concrete pad**
- **Installation of Fitness Court equipment**
- **Cameras and Lights**